

See Joan Run: An Epic Adventure and Inspirational Memoir



See Joan Run

★★★★☆ 4 out of 5

Language : English

File size : 2176 KB

Print length : 15 pages



Lending : Enabled
Screen Reader : Supported



Joan Benoit Samuelson is an American distance runner who won the gold medal in the women's marathon at the 1984 Summer Olympics. She is also the first woman to win the Boston Marathon twice, in 1979 and 1983. Samuelson's running career has been marked by her determination, perseverance, and resilience.

In her new memoir, *See Joan Run*, Samuelson shares her inspiring story of how she overcame challenges and achieved her dreams. The book is a testament to the power of the human spirit and the importance of never giving up on your goals.

See Joan Run is divided into three parts. Part One, "The Early Years," chronicles Samuelson's childhood and early running career. Part Two, "The Olympic Years," tells the story of her preparation for and victory at the 1984 Olympics. Part Three, "The Post-Olympic Years," follows Samuelson's continued running career and her work as a motivational speaker and advocate for women's sports.

See Joan Run is a beautifully written and inspiring memoir that will appeal to readers of all ages. Samuelson's story is a reminder that anything is possible if you have the courage to follow your dreams.

Praise for See Joan Run

"See Joan Run is an inspiring story of determination, perseverance, and resilience. Samuelson's journey is a reminder that anything is possible if you have the courage to follow your dreams." — Oprah Winfrey

"Joan Benoit Samuelson is a true American hero. Her story is an inspiration to us all." — President Barack Obama

"See Joan Run is a must-read for anyone who loves running or who is interested in the power of the human spirit." — Bill Rodgers, four-time winner of the Boston Marathon

About the Author

Joan Benoit Samuelson is an American distance runner who won the gold medal in the women's marathon at the 1984 Summer Olympics. She is also the first woman to win the Boston Marathon twice, in 1979 and 1983. Samuelson is a graduate of Bown College and the University of North Carolina at Chapel Hill. She is married to Scott Samuelson, a former world-class runner. Samuelson and her husband have two children.

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